



EMERGENCY?

CALL 999

**THEN CALL THE VOLUNTEER
EMERGENCY TELEPHONE SYSTEM
01404 565911**

**DRS ABCD
IS THE
PROCESS
TO
FOLLOW**

D

DANGER

Ensure The Scene is Safe

For yourself and others. If it is not safe or you are uncertain call 999 and wait for help to arrive.

R

RESCUE

Check The Casualty Needs Help

Check response by TALK & TOUCH Speak to the casualty in both ears, tap collar bones.

S

SHOUT

Shout For Help!

If the casualty does not respond, SHOUT for help. Do not leave them at this stage.
Dial 999 now!

SEND FOR FURTHER HELP – RING FOR A VOLUNTEER EMERGENCY ASSISTANT

PHONE VETS - 01404 565911

You may ask the Ambulance operator to call the VETS number for you to summon assistance.

OR

01404 565911 - PHONE VETS!

The Ambulance operator may release the call, allowing you to then dial the VETS number.

A

AIRWAY

Ensure Airway Is Open & Clear

Open the airway by lifting the casualty's chin and tilting their head back. Do not put your fingers in the casualty's mouth, you may push an obstruction further down.

B

BREATHING

Look, Listen & Feel For Normal Breathing

Keep the head tilted back and listen for breathing. Look to see if the chest is moving, if in doubt or the casualty is not breathing normally **call 999!**

C

COMPRESSIONS

If Not Breathing Normally Start Compressions

Place your hands in the center of the casualty's chest and press down hard, press 2x a second.

D

DEFIBRILLATOR

Get Someone To Fetch The Defib!

If you got help from VETS or elsewhere send them to get the defibrillator, attach the pads and follow the instructions given by the machine.

**CONTINUE
COMPRESSIONS
UNTIL
AMBULANCE ARRIVES**

**SURVIVAL
IS A
COMBINATION
OF CPR &
DEFIBRILLATION**

